

1. Trauma Informed Care

Common/Traditional View	Trauma-Informed View
Students choose behavior and need consequences	Students want to do well but lack the skills or have learned bad behavior patterns
Characterizes student behavior negatively (i.e. manipulative)	Characterizes student behavior constructively (i.e. needs calming strategies)
Uses labels to describe students (“EBD”)	Reframes behavior to identify strengths
Authoritarian	Collaborative
Minimizes coping strategies	Behavior is communication and serves a function
Academics focused	Whole-student focused
Student should already know the expectations	Teaches and re-teaches expectations using differentiation
Creates systems that make students work for support	All students receive support regardless of their needs
Staff-centered environment	Student-centered environment
Uses jargon with parents and non-educators	Uses language so that all can understand

Embraces understanding of the role trauma plays in life of survivors/clients served.

Knowledgeable about the effects of trauma upon survivors both short- and long-term.

Familiar with concept of triggers, learns each client's triggers

Embraces philosophies of “do no harm,” kindness in interactions & R-E-S-P-E-C-T.

Uses healing modalities to actually improve safety and feeling of safety. (no pretending one is safe while in custody, for example)

Enhances choice, options, expression of feelings, empathy, consideration, honesty.

Allows carer, when in doubt to say, “I don’t know, and I will find out.”

Good supervision invites reflection, consideration of alternative perspectives, imagined “do-overs” and no-fault explorations.

TIC Recommendations

Do's and Don'ts

Don't

Demand eye contact

Get too close

Talk too much

Ask too many questions

Make promises you cannot keep ("I'll make sure you ~~get better~~)

Use platitudes ("It is will make you stronger later")

Say, "you should be over this by now," or "you have to forgive the perpetrator(s) so you can start to heal."

Touch without spoken permission

Talk about your own trauma... keep the focus on the survivor.

Ask survivor to tell you about the traumatic incident(s)