





Impact NW 2009-2010 Annual Report









Impact NW PO Box 33530 Portland, OR 97292

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Mission Statement

Impact NW's mission is to help people achieve and maintain self-sufficiency and to prevent and alleviate the effects of poverty.

Our Work

Throughout its 44 year history, Impact NW has provided people of all ages and abilities with the skills and resources necessary to achieve success and advocate for themselves and their communities.

Last year we served more than 60,000 low-income children, youth, families, seniors, and adults with disabilities in Multnomah and Washington Counties, OR and Clark County, WA. We provide the following services:



Services for Seniors & Adults with Disabilities Promote independence, dignity, and quality of life by helping seniors and adults with disabilities remain and



Services for School-Aged Youth & Their Families Provide school and community-based educational, pre-employment, and life skill support to youth ages five through 24 in the metro area.



Services for Basic Needs

thrive in their own homes.

Provide comprehensive stabilizing and sustaining services to help families and individuals achieve and maintain long-lasting self-sufficiency.



Services for Young Children & Their Families

Promote the consistent nurturing, healthy growth and development, and school-readiness of children ages zero through five by providing education, support, and guidance.



A Community Of Support

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A Message from Our Executive Director



Susan I. Stoltenberg Executive Director

With this annual report, I invite you to share our pride in the tangible results of the work of Impact NW's 160 dedicated staff, 28 AmeriCorps members, and more than 2,500 volunteers. We have many measurable achievements that predict the future success and prosperity of the people we serve. But what truly makes Impact NW a culture and a community, is the way we are in the world, with each other, in our private and public lives.

A woman standing outside rings the bell, a child on her hip and another in a stroller. The office is closed and I have nothing to offer – no rent money or shelter vouchers – but I welcome this family into the warm lobby. Giving the mother a cup of tea and

finding a snack for her little ones, we sit until her story has been witnessed, her tears shed. She thanks me for listening. I realize the gift she has given me – she has re-ignited my flame of inspiration.

I am Impact.

At the bus stop I'm approached by a bedraggled man whose spine is curved in submission to life's poundings. He is mumbling unintelligibly. I'm inclined to move away and avoid his gaze. Instead, I soften my heart, look him in the eye, and listen. I touch his arm as I head for the bus.

I am Impact.

I confront my prejudice daily, my helplessness in the face of insurmountable need, and my rage at the inequity around us. But my commitment to be a part of the change is indomitable. So often it isn't what we do, but who we are with others that truly creates that change.

I am Impact. And so are you.

Snn 1. Hotulung

Susan I. Stoltenberg Executive Director

New This Year

- We merged with Kids on the Block Awareness Program, expanding our reach to 50,000 elementary students in the greater metro area with evocative puppet performances performed by 60 volunteer puppeteers on topics from bullying and diversity to child abuse and bicycle safety.
- Expanded services to seniors by merging with Senior Guardianship Assistance Program of Washington County, tripling the number of seniors served with money management services, and by assuming operation of the North Portland Senior Center which provides health screening, activities and case management.
- Adopted Urban Opportunities, reaching 300 youth with an innovative life and job-skills training and placement program and helping 200 rising 10th graders recover credits and gain job-readiness skills through Summer Youth Connect's C3 program.
- Deployed 28 AmeriCorps members to Portland's highest poverty schools and our program offices, vastly expanding the depth of our services with these high energy, compassionate individuals during a time of rapidly increasing needs due to the continuing recession.



NEW THIS YEAR







<u>Mirit</u>



Inspiring Hope Services for Seniors & Adults with Disabilities

Nellie Keeps Her Home

Nellie was a hoarder who faced eviction because her apartment was overflowing with items she had collected over the years. Her Impact NW advocate arranged for Nellie to attend a hoarder support group. With the help of several housekeepers, she moved everything into a temporary storage unit so the apartment could be cleaned and organized. Nellie saw how many duplicate items she had and began giving away the extras. Nellie was not evicted, she loves how much better her apartment looks, and now hopes to facilitate a hoarder group.

Gerald Regains His Independence

Gerald had such difficulty breathing, he couldn't operate his power scooter which required constantly holding his arms out in front. Gerald's advocate obtained funds to purchase a new scooter so Gerald's arms could rest at his sides. He is now getting around much better and can leave his home independently. With his increased mobility, Gerald has become more social again.

Laurel Reclaims Her Confidence

When asked what's the best thing about Senior GAP's money management services, Laurel's

response is clear: "They helped me get my selfesteem back."

I am Impact

"In the rush of our busy days, as we reach out to the many hands that are extended for increasingly dwindling resources, I remember there is a very real person on the other end of the phone. Someone who may be hurting, confused, scared, helpless. This is why I come to work each day."



- Surveys show that 90% of seniors prefer to remain in their own homes as long as possible. Experts agree that safely doing so promotes physical and mental wellbeing.
- Only four out of 502 casemanaged clients moved to skilled nursing homes; a senior who remains at home saves taxpayers approximately \$4,500 a month.
- 21,374 rides were provided to frail elders and adults with disabilities for medical appointments, shopping, and recreational activities.
- More than 2,000 seniors received services ensuring their safety in their homes: medication management, care coordination, budget assistance and money management, meals, advocacy, and social interactions.



Empowering Change Services for School Aged Youth & Their Families

Zach Begins Healing From Family Trauma

Following a Kids on the Block Awareness Program puppet show on preventing drug abuse, a 2nd grader raised his hand. In front of his classmates, Zach said his parents had a meth lab and their drinking, drugging, and fighting escalated into domestic violence. Later the school counselor shared that after working with Zach for two years, he had never shared what had happened in his young life. With the lovable puppets, Zach finally found a safe place to disclose his painful experiences, allowing the counselor to better support his healing.

Danny Becomes Employed

Danny, an older high school student with credit deficiencies because of poor attendance, completed Urban Opportunities job-readiness training program and was hired as a janitor. When his school attendance began to slip, Danny's Impact NW liaison made it clear his attendance had to improve to keep the job and it did immediately. After six months, Danny was promoted, got a raise, and received school credit for work which helped him graduate last June.



Natalya Graduates

An undocumented student, Natalya faced incredible barriers in her journey to high school graduation. She felt peer pressure to drop

out, have children, drink, and do drugs. During a year with the SUN Community School program, she transformed from a student on the verge of dropping out to an empowered young woman who arranged a musical performance that she and seven others presented for the entire school. Despite her nervousness, Natalya bravely stood and thanked each of the SUN staff for the impact they had on her life.

I am Impact

"I am honored to work at Impact NW where I see there is hope for the kids I serve, there are people who care about them, and there are ways to support learning that will not only change my students' lives but also the world. My experience as an AmeriCorps member at Impact NW will make me the educator and person I hope to be in the future."

- Childhood poverty is the leading indicator of school failure and future incarceration. Nearly 25% of children in Multnomah County are living in poverty.
- More than 20,000 children and their family members participated in after-school enrichment programs and received the help they needed to succeed at school through our nine Community Schools in Multnomah and Washington Counties.
- More than 850 youth received one-on-one support and guidance through our mentoring program, services for youth transitioning out of foster care, job-skills training and placement, and support services for students at risk of dropping out of school.



Encouraging Prosperity Services for Basic Needs

Sonja and Jayden Get Back On Their Feet

"Our family was doing great until we lost our jobs and our home. We decided to camp for a month, which ended up being a year. It was really hard on us, especially on the kids. Thanks to Impact NW and the Bridges to Housing program, we have come a long way. Sonja now works fulltime in an accounting position. I'm a student at PCC and am on the President's List. The kids are doing great in school and at home. Thanks for giving us the chance to succeed."

Kyle Turns His Life Around

"I was a single dad with four kids. When I moved into Richmond Place, my kids were in foster care, I was coming out of treatment, on welfare and basically homeless. It's been four years now and I am a caseworker, teaching parenting classes, advocating for clients—helping people who are like I was. I no longer receive state assistance. This is all because of Impact NW and how they were there for me and my family."

I am Impact

"Stabilizing a homeless family and seeing their smiles is one of the extraordinary moments of working at Impact NW. The little things we do each day change lives."



Did you know?

- Homeless families with children have increased 33% since 2009. One out of every three homeless individuals in Oregon is a child.
- We helped 200 families with 685 children move out of homelessness into stable housing, and 1,500 people avoid homelessness by

enhancing their job-readiness and life skills and helping them increase their income.

- 12,842 people received energy and utility assistance through partnerships with local utilities and government. Hundreds of these were firsttime poor families.
- 27,441 households received information and referrals for services including housing assistance, job training, treatment for mental illness or addiction, and emergency food, clothing and shelter.





We Are Impact NW Services for Young Children & Their Families

Becca Gets Off Welfare

As a teen parent, with a family legacy of poverty and substance abuse, Becca was homeless and had lost custody of her baby. With our Parent Child Development Services community of support, Becca attended parenting classes and playgroups, received her GED, found housing, and regained custody of her child. Determined to get off welfare and encouraged by her Impact NW advocate, Becca found a job and five months later began management training. Today she is glowing with pride and dreams of becoming a lawyer and advocating for low-income families and teen parents.

Shannon Is Awarded Custody Of Her Baby

Shannon's parents had a long history of substance abuse, untreated mental illness and criminal records, and she was taken into foster care at birth. Determined to get back their daughter, they successfully completed recovery programs. Our Safe & Together program provided early childhood education and support for both Shannon's birth and foster parents to ease her transition back to her birth family. As a result, Shannon's birth parents were awarded custody. The family continues to thrive. Shannon is a bright toddler who shows as much affection for her parents as they do for her.

I am Impact

"Volunteering at a Family Fun Day, I watched the wonderful smiling faces of children and parents having fun together. I saw patience, parents letting their child take the lead in what to do, parents sharing great experiences with their children! These are the opportunities Impact NW gives to families."



- Children under five are most at-risk to the detrimental effects of the stress caused by poverty; 80% of the growth and development of a child's brain occurs in the first three years of life.
- More than 600 parents

 and babies received home
 visits, developmental and
 health screenings, access
 to services, and the support
 necessary to ensure these
 children are healthy and ready
 to succeed in school.

Yoshida's Sand in the City - Presented by Pacific Power

Thanks to the amazing support of our community, the 15th annual Sand in the City raised \$170,000 for the Kids on the Block Awareness Program and Impact NW's other children, youth and family programs. This favorite summer event came to Impact NW through our merger with Kids on the Block Awareness Program, which uses puppets to inspire children to appreciate differences, reject prejudice, and develop skills to grow up healthy and safe.

Special Thanks to our Sponsors!

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Let's turn the answers on.









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Expenses





FINANCIAL INFORMATION

Balance Sheet	2009-2010	2008-2009
Total Assets	\$4,871,776	\$4,975,925
Total Liabilities	\$1,910,786	\$1,838,454
Net Assets		
Unrestricted	\$2,827,053	\$2,932,995
Temporarily Restricted	\$113,392	\$183,931
Permanently Restricted	\$20,545	\$20,545
Total Net Assets	\$2,960,990	\$3,137,471
Total Liabilities and Net Assets	\$4,871,776	\$4,975,925
Total Operating Revenue	\$8,180,520	\$7,675,127
Total Expenses	\$8,495,805	\$7,771,651



- \$1,000 helps a teenager stay in school learning essential life and job skills, and opens the door to college or trade school.
- \$500 ensures teen parents receive education and support for their newborn's first year.
- \$250 provides a frail elder with three months transportation to our Senior Center for meals, activities, and friendship.
- \$100 buys sheets and towels for a single mom and her three children moving off the streets into our transitional housing facility.

Government, Contract & Foundation Partnerships

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Individuals and businesses who commit to supporting our work through an annual unrestricted donation of \$1,000 or more are members of our Friends Giving Society. We are deeply grateful to these valued partners.

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Brentwood-Darlington Community Center

7211 S.E. 62nd Ave. Portland, OR 97206 **503.988.5961** mailing address: PO Box 33530, Portland, OR 97292

Dancing Tree Family Center 10055 E. Burnside St. Portland, OR 97216 503.988.6000 mailing address: PO Box 33530, Portland, OR 97292

SE Multicultural Service Center for Seniors and People with Disabilities

4610 S.E. Belmont St. Portland, OR 97215 **503.988.3660**

mailing address: PO Box 33530, Portland, OR 97292

North Portland Senior Center 9022 N. Newman St. Portland, OR 97203 503.285.6565 mailing address: PO Box 33530, Portland, OR 97292 Senior GAP - Forest Grove 2037 Douglas St. Forest Grove, OR 97116 503.357.7520 mailing address: PO Box 787, Forest Grove, OR 97116

Senior GAP - Hillsboro Hillsboro Senior & Community Center, 750 S.E. 8th Ave. Hillsboro, OR 97123 503.726.0369 mailing address: PO Box 2877, Hillsboro, OR 97123

Senior GAP - King City King City City Hall 15685 S.W. 116th Ave. #138 King City, OR 97227 503.847.8962 mailing address: 15685 S.W. 116th Ave. #138, Tigard, OR 97224



DREAMS

In my wildest dreams. . . I am free— Falling out of the clouds into A volcano of snow and everything Goes black. I wake up in space Sitting on a star screaming My head off thinking how Am I alive? How am I breathing? In my wildest dreams.

Sophia Wright, workshop participant at Harvey Scott SUN Community School. Reprinted from The TOP, a write around portland ANTHOLOGY, Spring 2010, Volume 12, Number 1

